

## APPETIZERS

**DOC'S BEACH BREAD** - Baked French bread topped with cheddar, Monterey Jack, bleu cheese crumbles, and diced tomatoes. A Doc Ford's Original! \$8.95  
Add chorizo, bacon or jalapeños \$1

**CAPTIVA CRAB CAKES** - Pan-fried jumbo lump beach-style, served with \*jicama coleslaw and finished with a superb Key lime butter sauce. (\*hi-ca-ma - the "water chestnut" of South America). \$14.95

**NEW ITEM** **TOMLINSON'S TAQUITOS** - They're back! Slow cooked chicken shredded with a sweet and spicy barbacoa sauce, then hand rolled in corn tortillas and fried golden brown. Served with cilantro lime aioli dipping sauce. \$12.95

**FRIED CALAMARI** - Lightly breaded, hand cut tender calamari served with our house-made cocktail sauce. \$14.95

**HEAT ISLAND CHICKEN WINGS** - Ten wings crispy-fried and tossed with your choice of mild, medium, hot, blind pass, sweet chili or teriyaki sauce. Served with celery and Doc's buttermilk blue cheese dressing. \$13.95

**BUFFALO SHRIMP** - Crispy breaded shrimp with a spicy twist, with a choice of mild, medium or hot sauce. Also available as sweet chili or teriyaki. \$10.95

**DOC FORD'S FAMOUS FISH FINGERS** - Fried golden brown, served with Doc's tartar sauce. \$9.95

**\*SEARED TUNA APPETIZER** - Served rare atop chilled rice noodles that have been tossed with crispy Asian veggies, fresh herbs and a Thai peanut vinaigrette. We top it off with a sweet soy drizzle and wasabi coulis. \$14.95

**BAYAMO BLACK BEAN DIP** - Cuban black beans topped with cheddar and Monterey Jack cheeses, diced tomatoes and jalapeños. Served with corn tortilla chips. \$8.95

**CHICKEN TENDERS** - Lightly fried, served with buttermilk ranch and honey mustard dressing. (also available Buffalo style) \$8.95

**MUSSELS** - Steamed in a broth of roasted garlic, shallots, Roma tomatoes, fresh basil, white zinfandel and a hint of cream and butter. \$14.95

**CARIBBEAN JERK TOSTADOS** - Corn tortillas topped with jerk chicken, Cuban black beans, melted Monterey Jack cheese, cabbage, tomato, and cilantro salad. \$8.95

## FLATBREAD

Also available: gluten free flatbread \$2

**NEW ITEM** **FIG & PROSCIUTTO** - Toasted flatbread coated with house made fig jam and layered with thinly sliced red onion rings, blue cheese crumbles, crispy fried prosciutto, and covered with arugula tossed with a jalapeño vinaigrette. \$9.95

**SPINACH and ARTICHOKE** - Crispy flatbread baked with homemade Roma tomato sauce, roasted garlic olive oil, topped with spinach, artichoke and mozzarella cheese. \$9.95

**MARGARITA** - Fresh mozzarella, local vine-ripened tomatoes, roasted garlic, fresh basil, aged balsamic and extra virgin olive oil. \$9.95

## DINKIN'S BAY SHELLFISH BAR

\*\*Consumer information: There is a risk associated with consuming raw oysters. If you have chronic illness of liver, stomach or blood or have immune disorders, you are at a greater risk of serious illness from raw oysters, and should eat oysters fully cooked.

**YUCATAN BAKED OYSTERS** - Freshly shucked oysters marinated with our signature Yucatan Sauce and baked with a creamy Manchego cheese topping. \$16.95

**\*SHRIMP CEVICHE** - Fresh shrimp in our Florida citrus marinade, tossed with fresh lime juice, cucumber, cilantro, jalapeños, onions and tomatoes. \$9.95

**\*\*OYSTERS ON THE HALF SHELL** - Fresh Gulf oysters, shucked to order and served chilled with fresh lemon and cocktail sauce. 1/2 doz. \$13.95 Full doz. \$24.95

**PEEL-and-EAT SHRIMP** - You'll love these shrimp steamed in Amazon spices then chilled and served with house-made cocktail sauce and lemon. 1/2 lb. \$13.95 Full Pound \$25.95

**DINKIN'S BAY BOIL** - Steamed peel-and-eat shrimp dressed in real butter, Old Bay spices and juice from fresh Key limes. 1/2 lb. \$15.95 Full Pound \$28.95

**SIGNATURE DISH** **YUCATAN SHRIMP** **BUY OUR SAUCE UP FRONT!**  
Tomlinson traveled to the Bay of Ascension, Quintana Roo, Mexico to fish for bonefish and came back with this great recipe. Steamed peel-and-eat shrimp in a dressing of real butter, garlic, mild Colombian chilies, fresh cilantro and Key lime juice. Half lb. \$15.95 Full lb \$28.95

## SALADS

ADD  
ONS

Chicken or Shrimp \$7 Salmon or Mahi \$9 Grouper \$11

ENTRÉE MIXED GREEN SALAD - \$9.95

ADD  
ONS

**TROPICAL SALAD** - We combined fresh baby greens, grape tomatoes, fresh mozzarella, mandarin oranges, sundried cherries, spiced pecans, and homemade crispy onions tossed in our very own secret balsamic vinaigrette dressing. \$14.95

**THE OLD SCHOOL ICEBERG SALAD** - One large wedge of local iceberg lettuce, red onions, carrot threads, chopped bacon, diced tomatoes, and homemade croutons with Doc's buttermilk bleu cheese dressing. \$8.95

**CAESAR SALAD** - Fresh cut romaine tossed with our house made creamy caesar dressing & croutons, topped with shredded pecorino cheese. \$9.95

**CHICKEN TACO SALAD** - Crisp romaine lettuce, tossed in avocado queso fresco vinaigrette and topped with Jack and cheddar cheeses, black bean jicama salsa, grilled chicken and tomato pico de gallo, surrounded by corn tortilla chips. \$13.95

**STEAK SALAD** - Chimichurri-marinated steak, asparagus, and red onions, over mixed greens tossed in chimichurri vinaigrette and topped with avocado and bleu cheese crumbles. \$18.95

**SOUTHWESTERN COBB SALAD** - Blackened chicken, hard boiled eggs, avocado, and bacon served over chopped romaine lettuce tossed in zesty chipotle ranch dressing with Jack and cheddar cheeses, roasted corn, and Roma tomatoes with seasoned tortillas. \$15.95

**SANIBEL SPINACH SALAD** - Bleu cheese crumbles, spiced pecans, grape tomatoes, Granny Smith apples tossed with caramelized onion and smoked bacon dressing. \$11.95

**MOZZARELLA de MARINELLO SALAD** - Locally grown vine-ripened tomatoes, fresh mozzarella and baby arugula tossed in a lemon vinaigrette then topped with aged balsamic, fresh basil and pecorino cheese. \$13.95

**QUINOA SHRIMP SALAD** - Chef combines fresh jumbo grilled shrimp with quinoa (*Keen-Wah*, a grain cultivated in Peru and Chile) and garden fresh vegetables, marinated in white balsamic passion fruit vinaigrette and served atop a bed of mixed greens with a mango avocado salsa. \$20.95

## ENTRÉES

**MACADAMIA NUT CRUSTED GROUPER** - A Paradise delight, toasted macadamia nut crusted grouper served atop an exotic mix of quinoa, jasmine rice, arugula, red peppers and yellow squash then complimented with a "Toasted Coconut" rum sauce. \$29.95

**PENNE WITH SHRIMP** - Sautéed deep water "lobster shrimp," penne pasta, Roma tomatoes, fresh basil, garlic and avocados tossed with a citrus cream sauce and shredded pecorino cheese. \$19.95

**NEW ITEM** **ORANGE GINGER SHRIMP** - A half pound of shrimp roasted with a robust blend of orange juice, ginger, mild peppers, and Caribbean spices. Served with coconut jasmine rice with red bell peppers and buttered green beans. \$24.95

**SEAFOOD PAELLA** - Jumbo scallops, shrimp, mussels and tender fish medallions, with chorizo sausage, peas, saffron rice, and tomatoes. \$29.95

**DEEP WATER MAHI-MAHI** - Hand-cut mahi-mahi seared in sweet soy sauce, placed on a jasmine rice stir fry with tropical vinaigrette. \$26.95

**PANKO FRIED SHRIMP** - Jumbo shrimp hand breaded to order & crispy fried with French fries and house coleslaw. \$23.95

**ISLAND STYLE SHRIMP & GRITS** - Fresh Gulf shrimp dusted with masa (Mexican corn flour), pan seared and served with jalapeño cheese grits, julienned veggies and green beans accented with a homemade tomatillo sauce. \$23.95

**ACHIOTE REDFISH BOWL** - Hand cut Redfish marinated with achiote spice and fresh herbs, then char grilled and served with black beans and yellow rice topped with plantains and homemade pico de gallo. \$26.95

**NEW ITEM** **BANANA LEAF GROUPER** - Fresh caught Florida Grouper wrapped in a banana leaf with a roasted pepper cilantro lime pesto & topped with house made corn salsa. Accompanied with julienne vegetables and black beans & rice. \$29.95

**CEDAR PLANK SALMON** - Freshly cut salmon fillet topped with a mango chipotle glaze, served with au gratin potatoes, wilted spinach and wild mushrooms sautéed with soy sauce. \$24.95

**DANISH BABY BACK RIBS** - A full rack of Danish baby back ribs basted with our one-of-a-kind BBQ sauce, served with roasted garlic smashed potatoes or French fries and our house slaw. \$24.95

**\*DRY RUBBED RIBEYE** - With roasted garlic and pecorino smashed potatoes, caramelized mushrooms, asparagus and a roasted bleu cheese tomato, surrounded by a caramelized red onion demi sauce. \$32.95

**ROASTED HALF-CHICKEN WITH CUBAN CHIMICHURRI SAUCE** - Slow roasted chicken served over a potato hash with onions, mild Amazon peppers and Panama-style chorizo sausage. Braced with steamed French green beans, fresh chimichurri verde, topped with roasted corn, \*jicama, red peppers and bean relish. (\*hi-ca-ma - the "water chestnut" of South America). \$20.95

### OUR COMMITMENT TO EXCELLENCE



We've gone through great lengths to partner with produce farms, cattle ranches, and fisheries to get you the best of the best. We take great pride in the process required to create those relationships, and we're confident it will show in the food you eat today. We make all our food from scratch, & everything is cooked to order.

## SOUPS

Soup of the Day      Conch Chowder      Ford's Famous Clam Chowder  
\$4.95 / \$6.95      \$4.95 / \$6.95      \$4.95 / \$6.95

## SANDWICHES

Served with your choice of fries, house slaw, black beans and rice, or fresh fruit  
Substitute a mixed green salad for \$1.95.      Substitute sweet potato fries for \$1.95.

### DOC FORD'S ORIGINAL LIME PANKO CRUSTED FISH SANDWICH -

Seared, baked and served on a freshly baked roll, topped with house slaw and spicy remoulade. Substitute to Grouper for an additional \$10!      \$13.95

**\*HAMBURGER** - Prime hand pattied ground beef grilled to your desire, with lettuce, tomato, onion on a freshly baked roll.      \$12.95  
Add Cheese \$1      Add Bacon \$1

**CHICKEN SANDWICH** - Chicken breast prepared to your liking - grilled, blackened, or fried and served on a freshly baked roll with lettuce, tomato, onion and pickle.      \$12.95

**PANAMANIAN'S PULLED PORK** - Slow roasted barbecued pork in our one-of-a-kind BBQ sauce, secret spices from the Panamanians, topped with house slaw, served on a freshly baked roll.      \$12.95

**THE CUBAN** - Traditional style with ham, slow roasted pork, Swiss cheese, mustard and pickles on a crispy Cuban roll.      \$12.95

**SANIBEL CHEESESTEAK** - Shaved ribeye, caramelized onions, peppers and mushrooms smothered in Swiss cheese, and folded into a baguette.      \$13.95

**MAINE LOBSTER ROLL** - Diced Maine lobster blended with mayo, green onion, celery & fresh squeezed lemon juice. Piled high on a New England style split top roll. You will think you're in Maine!      \$24.95

**GROUPE SANDWICH** - Fresh caught grouper grilled, blackened, or fried. Served with Doc's tartar sauce on a freshly baked roll.      \$23.95

## SEAFOOD TACOS

**CHIMICHURRI GROUPE TACOS** - Two warm flour tortillas stuffed with a lime cilantro cabbage slaw, sauteed blackened grouper, drizzled with chimichurri aioli and topped with queso fresco & avocado slices.      \$22.95

**CAMPECHE FISH TACOS** - Freshly grilled white fish with shredded cabbage and papaya pico de gallo in flour tortillas. Served with black beans and rice.      \$14.95  
Substitute to Grouper for an additional \$8!

**YUCATAN SHRIMP TACOS** - Succulent steamed shrimp, shredded lettuce and tomatoes tossed in our one-of-a-kind Yucatan sauce made from cilantro, garlic, butter, lime juice, and Colombian chilies, served in warm flour tortilla.      \$15.95

\*Consuming raw or undercooked meat, seafood, shellfish, poultry or eggs may increase your risk of foodborne illness. *We use only non-trans fat cooking oil.*  
20% Gratuity may be added to your check for parties of 6 or more.

**STOP BY DOC FORD'S STORE!**

**DOC FORD'S**  
RUM BAR & GRILLE

®

This beautiful new restaurant's namesake, the fictional Doc Ford, was conceived in desperation just down the road at Tarpon Bay Marina where the owner, Mack, employed a small quirky cast of characters, one of whom wanted to be a writer.

That was 30-years and 3,000 charters ago, near the end of my career as a fishing guide. Thank karma, or fate, or blind blessed luck, but I love the symmetry suggested by Doc's return to Tarpon Bay Road. The symmetry didn't seem so blessed at the time.

In 1988, the federal government informed our little marina family that the bay would soon close to powerboat traffic. We fishing guides were out of a job. Aside from a license to drive big boats, I wasn't qualified to do anything useful, but I did own a typewriter.

Eighteen months later, my first novel, *Sanibel Flats*, was published. It introduced a few (very few) readers to marine biologist Doc (Marion D.) Ford, and his unrepentant hipster pal, Tomlinson. They were hard core tropic travelers; decent men with senses of humor, each devoted, in his way, to the obligations of friendship, family and their respective moral compass.

Both attracted trouble. Both men lived secret lives.

*Sanibel Flats* did nothing to threaten their anonymity -- sales were minuscule. National reviews, however, were enthusiastic, so I continued to chronicle the adventures of Doc, Tomlinson, and my marina pals, all of whom orbited freely around a semi-fictional "Dinkin's Bay."

Now, twenty-four novels later, it is an honor, and just plain fun, to return as a member of the Doc Ford's restaurant family -- and we are a family, top to bottom, same as the same quirky, excellence-driven characters who populate my novels.

By virtue of being here, you are a member, too. My partners, Marty and Brenda Harrity, and Mark Marinello, would agree, and here's why: these islands have a gift for attracting people of kindred sensibilities. Some are famous, most are not, and it doesn't matter. You are here. These islands have chosen you. Why argue?

-- Randy Wayne White

**DOC FORD'S**  
RUM BAR & GRILLE

®

## SANIBEL ISLAND



Open Daily  
11:00 a.m. to Close

Full Bar  
Doc Ford's Souvenirs  
Outdoor Seating

2500 Island Inn Rd.  
Sanibel, FL 33957

239.472.8311

[www.DocFords.com](http://www.DocFords.com)

General Manager: Katy Forret